

ACTIVE AGEING IN CROATIA FROM THE PUBLIC HEALTH PERSPECTIVE

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Background

- Determinants of active ageing are economic, social, personal, behavioral, physical environment and health and social services.
- Our objective was to find out how are these targeted through public health actions and interventions in Croatia.

Material & Methods

- Data search included official Croatian governmental and county websites, in period of last 5 years.
- Keywords used were: Healthy ageing, Public health interventions elderly, Public health actions elderly.

Results

- The framework of healthy aging is defined by Croatian Law on health care and National strategy of health development.
- Public health interventions include prevention programs provided by local movements and organizations.
- These include *in home* support, digitized health care – social alarm projects, education for volunteers involved in elderly health and social care, active socialization activities.
- Challenges remain in low socioeconomic households and isolated individuals in rural areas.



Conclusion

- Although Croatia is following European trends there is an inability to provide institutionalization and comprehensive model of care on the state level.
- Changes in population's age should be followed by policy changes to ensure active and healthy ageing. This would enable increase of active and independent years for the elderly.