

HEALTHY AGING STRATEGY OF THE CITY OF POREČ-PARENZO



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Healthy City of Poreč

Background

- Poreč joined the WHO Healthy Cities movement at the 1991.
- since then, City of Poreč have been developed local health and social welfare policies
- the elderly are recognized as a priority of local health policies

Material & Methods

- Quantitative and qualitative methodology for researching community needs
- monitoring the growth of the share of the elderly in the population of Poreč (11.9% in 2001. and 14.69% in 2011.)

Results

- Health Plan of the City of Poreč 2006.-2016. , elderly as a priority
- Healthy Aging Strategy of the City of Poreč 2015-2020.
- support for healthy active aging in the community of Poreč
- voluntarism for the elderly
- Established local above standards for elderly, institutional and extra-institutional protection (Poreč Home for the elderly with specialist medical care, hospice home care, available orthopedic aids, psychosocial support and recreation for elderly, active leisure club, supplementary health care



Conclusion

- On the ground of the locally identified needs of elderly and local health planning , the local above standard interventions were created and implemented for the elderly as a vulnerable group in the city of Poreč .
- Ensuring appropriate and continuous support from the local community, the quality of life and health of elderly can be improved using local resources .